

DUNBARTONSHIRE AMATEUR ATHLETIC ASSOCIATION

Balloch to Clydebank

SATURDAY, 8TH MARCH 1975

1 D. Gunstone	Edin	60:31
(Course Record)		
2 P. Dolan	Clyd	60:46
3 E. Knox	Spru	61:06
4 D. McGregor	Edin	61:19
5 A. Keith	Aber	61:22
6 A. McFarlane	Spru	62:01
7 W. Yates	Mary	62:25
8 D. McMeekin	Victo	63:21
9 I. Mitchell	Glasg	63:44
10 D. Lang	Glasg	64:37
11 J. Gunstone	Glasg	64:37
12 D. F. Gemmell	Clyde	65:18
13 J. M. Leggett	Clyde	65:18
14 H. Barrow	Victo	65:59
15 G. P. Duff	Livin	66:29
16 W. B. B. Fothergill	Glasg	66:48
17 R. Paton	Dumb	66:59
18 W. Ramage (V)	Spru	67:04
19 H. Scott (V)	Perth	67:19
20 P. Preston	Camb	67:25
21 E. McEvoy	Loch	67:53
22 B. McAusland	Clyde	68:41
23 J. B. Russell	Bella	68:59
24 W. Cairns	Dumb	69:34
25 J. S. Irvine	Gars	69:56
26 W. P. Marshall (V)	Clyde	70:24
27 P. Bryers	Mary	70:36
28 D. Harvey	Pais	71:29
29 I. McWatt	Dumb	71:37
30 D. Paterson	Vale	71:54
31 F. Murdoch	Mary	72:02
32 T. Malcolm	Spru	72:27
33 G. McLaren	Dumb	72:54
34 F. Cooney	Camb	73:17
35 J. Black (V)	Livin	73:35
36 I. Briggs	Livin	74:19
37 S. Watson	Mary	74:26
38 M. Lidwell	Dumb	74:38
39 H. Mitchell (V)	Shett	75:17
40 T. Hendry	Pent	75:17
41 S. Crawford	Glas	75:35
42 J. Barrowman (V)	Gars	76:33
43 D. Wright	Bella	76:58
44 J. McKay	Glasg	77:01
45 T. Harrison (V)	Mary	77:13
46 G. Porteous (V)	Mary	78:03
47 E. Campbell (V)	Loch	78:43
48 A. McDermaid	Shett	79:46
49 L. McCue	Mary	80:21
50 R. Pyffe	Vale	83:10

(V) = Veteran

TEAMS:		
1 CLYDESDALE H	27 Pnts	
2 GLASGOW UNIV. H & H	36 Pnts	

NORTH NEWS from DUNCAN DAVIDSON

NORTH OF SCOTLAND CROSS-COUNTRY
CHAMPIONSHIPS, INCLUDING 5TH
LEAGUE RACE AT RAF KINLOSS ON 1/3/75

1. I. McKenzie	FAH	30.41
2. B. Finlayson	LAC	31.02
3. G. Fleming	RAFK	31.26
4. D. McLean	FAH	31.35
5. T. McBrien	RAFK	31.43
6. R. Campbell	LAC	31.56
7. D. Bow	RAFK	32.08
8. I. Johnston	RAFK	32.17
9. S. Stennett	RAFL	32.37
10. B. Rigby	RAFK	32.47
11. D. Parker	RAFL	32.50
12. J. Jones	RAFK	32.56
13. H. Cameron	FAH	33.01
14. M. Scott	FAH	33.07
15. A. Scott	LAC	33.10
16. R. Bryan	RAFK	33.29
17. E. McEvoy	LAC	33.37
18. D. Cowie	RAFK	33.49
19. B. McKenzie	RAFL	33.55
20. S. Cassells J	CAC	34.04
21. P. Martin J	G'toun	34.40
22. D. Allan J	VP	34.53
23. A. Pratt	RAFK	35.03
24. M. McCausland	TH	35.08
25. M. Gordon-Gibson	G'toun	35.11
26. T. Shaw J	"	35.36
27. W. Elliott	FAH	35.42
28. J. Lowrey	RAFL	35.58

Annual Open Ten Mile Road Race

EDINBURGH UNIVERSITY HARES & HOUNDS 10 MILE
ROAD RACE, 1 MARCH, 1975. (Report by I. Ritchie)

In the absence of any of the top runners from EAC who were running in the English Championships, Edinburgh Southern runners dominated the race which was held in windless but very cold conditions. Right from the start the Southern trio of Martin Craven, Nigel Bailey and Colin Youngson were in the leading group and they broke clear on the hill up to the Braid Hills Road. At the end of the first 5 mile lap Craven and Bailey had opened up a slight lead on their team-mate and the leading group was followed half-a-minute later by Bill Yate and Sandy Keith. Southern looked certain of winning the team race while St. Andrews University were probable runners-up until Ronnie Morrison dropped out at the 5 mile point, leaving the way clear for Victoria Park.

On the second lap Craven opened up a gap on Bailey, but coming up Mayfield road, with about half-a-mile to run, he took a wrong turning! For the past couple of years the race has been held on a course avoiding new developments in Kings Buildings, but Craven, although going round the correct route on the first lap, had reverted to the old course, hence the officials were astonished to see the bearded runner cross the finish line running in the wrong direction! However it was decided to award Martin first prize since he was well clear of Nigel Bailey when he went off course.

A disappointed third was Colin Youngson who had to work hard to stay clear of Bill Yate. Fifth was Sandy Keith currently living and working in Edinburgh and sixth was first year senior Ian Duncan. As expected ESH won the team race with Victoria Park second, and Southern's team were presented with the Edith Coventry trophy by Mr. Jim Scott, President of the SCCU.

RESULTS

1. M. Craven	ESH	49.56	28. F. Murdoch	MH	58.49
2. N. Bailey	ESH	50.44	29. R. Stevenson	MH	58.57
3. C. Youngson	ESH	51.30	30. M. Black	BH	58.58
4. W. Yate	MH	51.40	31. I. Marshall	ESH	58.59
5. A. Keith	AAAC	52.21	32. L. Middled	ELAC	59.41
6. I. Duncan	St. AU	53.13	33. G. Swan	DU	59.48
7. C. Joss	ESH	54.07	34. J. McKenzie	St. AU	60.04
8. G. Brown	BH	54.27	35. R. Stewart	GUH&H	60.07
9. R. Murray	GUH&H	54.45	36. I. Downie	"	60.41
10. W. Drysdale	L&D	54.48	37. A. Curtis	EUH&H	60.48
11. I. Kiltie	EUH&H	55.10	38. A. Lockhart	GUH&H	60.56
12. P. McGregor	VP	55.14	39. J. Black	L&D	61.38
13. M. Anderson	St. AU	55.21	40. M. Little	ESH	62.34
14. I. Trapp	EAC	55.29	41. J. Doonan	Ayr.	62.55
15. D. Simpson	L&D	56.02	42. D. Mackay	GUH&H	63.11
16. M. Logue	VP	56.16	43. A. Thomson	EUH&H	64.04
17. G. Penhale	PS	56.37	44. B. Summerfield	EAC	64.35
18. A. Hunter	GUH&H	57.03	45. G. Steele	EAC	65.51
19. A. Cameron	ESH	57.05	46. E. Stevenson	EAC	66.51
20. R. Price	PH	57.31	47. A. McDermott	SH	67.10
21. N. Reilly	EAC	57.34	48. D. Gilmore	GU	68.26
22. I. Whyte	VP	57.40	49. J. Kelly	GU	72.09
23. S. Irvine	GH	57.42	6 runners did not finish.		
24. A. Dawson	St. AU	57.47	Team Event		
25. I. Briggs	L&D	58.08	1. ESH		6 pts.
26. T. McCulloch	AAAC	58.33	2. Victoria Park		50
27. P. Oppe	DU	58.41	3. Maryhill		61
			4. Glasgow Univ.		63
			5. St. Andrews Univ.		64

INDIVIDUAL

1. I. McKenzie	FAH	499
2. D. McLean	FAH	487
3. G. Fleming	RAFK	467
4. D. Cowie	"	450
5. B. McKenzie	RAFL	442
6. J. Lowrey	"	412

A double triumph by RAF Kinloss in winning the League and the North Championship. Ian McKenzie continued his winning ways by taking his 5th title in 6 years. Gordonstoun took the Junior Cup with S. Cassells (Caithness AC) the individual winner. Today's race was perhaps the best and the biggest field for some years.

NORTH OF SCOTLAND CROSS-COUNTRY
CHAMPIONSHIPS HELD AT DRUMADROCHT
22 FEBRUARY 1975

1. A. Taylor - Caithness	
2. G. Hutchin - Millburn	
3. T. Weatherspoon - Millburn	
4. M. Robertson - Inv. High Sch.	
5. M. Macpherson - Millburn	
6. M. Callahan - Cauldeen	
7. Y. Miller - Caithness	
8. M. Michie - Millburn	
9. L. Haygarth - Caithness	
10. C. Finlayson - Caithness	
59 Finished	
TEAMS	
1. Millburn - 18 points	
2. Caithness A - 27 points	
3. Caithness B - 58 points	

INDOOR ATHLETICS (Report by Bill Walker)

Peter Hoffman (EAC) had a busy weekend competing at Cosford on Friday/Saturday 31st Jan/1st Feb. and then at Perth on the Sunday.

Peter ran in 400m heats and semi-finals on the Friday and was unfortunate to be beaten for a place in the final by 3/100th of a second. Peter was drawn in same semi-final as Joe Chivers (eventual 400m champion) and with only winners and one fastest loser to qualify for final he ran 49.44. Glen Cohen was in same heat as Colin O'Neil and was given a time of 49.41 to squeeze Peter out of final. Peter came out on the Saturday and ran a splendid 78.5 for the 600m leg in the AAA Junior Medley Relay Championships. Paul Forbes had run a superb 800m leg against M. Edwards (W&B) both returning 1.54. Peter then opened up a 20m lead from G. Cook to hand over to John Scott. John found difficulty negotiating the tight bends and lost this lead to C. Moven (W&B) but Albert Ree kept in contact with a 22.8 200m leg. Edinburgh Athletic Club's team finished an easy second just behind Wolverhampton & Bilston, EAC's time was 11.2 faster than the old record but W&B had three internationalists in their team and just proved to be superior. Ray Weatherburn (ESH) found himself in a very tough final for 1500m, where although finishing 6th in 3.46.8 he still broke the European Indoor Qualifying Standard.

Stuart Atkins finished 3rd in Long Jump recording 7.18.

JUNIOR GIRLS

1. M. Ramsay - Inv. Royal
2. J. Arthur - Inv. Royal
3. S. Balfour - Fortrose
4. K. Cameron - Milnes High
5. P. Macpherson - Millburn
6. F. Maclean - Glenurquhart
7. C. Flynn - Inv. Royal
8. L. Vaughan - Fortrose
9. A. Henderson - Fortrose
10. S. Stewart - Fortrose
30 Finished

TEAMS

1. Inverness R.A. - 28 points
2. Fortrose - 30 points
3. Millburn - 61 points

INTERMEDIATE GIRLS

1. H. Gill - Fortrose
2. F. Ross - Fortrose
3. C. Ross - Milnes High
4. A. Wilson - Fortrose
5. L. Agnew - Fortrose
6. M. Inglis - Fortrose
11 Finished

TEAMS

1. Fortrose - 12 points
2. Milnes High - 30 points

JUNIOR BOYS

1. R. Adamson - Caithness
2. K. Macleod - Millburn
3. J. Macaskill - Fortrose
4. D. Mackenzie - Millburn
5. M. Thomson - Lochaber
6. A. Macaskill - Fortrose
7. J. Watson - Lochaber
8. I. Dunn - Invergordon
9. A. Spence - Caithness
10. A. Maxwell - Fortrose
116 Finished

TEAMS

1. Fortrose - 33 points
2. Caithness - 35 points
3. Millburn - 36 points

SENIOR BOYS

1. J. Flannigan - Lochaber
2. G. Maclean - Lochaber
3. R. England - Gordonstoun
4. A. Dykes - Caithness
5. R. Goodwin - Invergordon
6. W. Bain - Caithness
7. I. Sutherland - Invergordon
8. D. Robertson - Caithness
9. R. Taylor - Caithness
10. J. Ferguson - Cauldeen
67 Finished

TEAMS

1. Caithness - 27 points
2. Gordonstoun - 59 points
3. Lochaber - 66 points

YOUTHS

1. G. Balfour - Fortrose
2. P. Martin - Gordonstoun
3. R. MacDonald - Nairn
4. C. McLeod - Inverness High
5. C. Gunn - Inverness Royal
6. M. Horsman - Gordonstoun
7. C. Lees - Caithness
8. J. Inman - Gordonstoun
9. S. Martin - Lochaber
10. G. Henderson - Gordonstoun
32 Finished

CROSS COUNTRY

Forres Man's Fifth Win of North Title

The final stages of the North of Scotland Amateur Athletic Association's annual cross country championships took place at R.A.F. Kinloss, on Saturday, and incorporated with the championships was the final race in the North Cross Country League competition.

Ian Mackenzie, **Forres Harriers**, led the field of 42 senior and junior runners for virtually the whole of the 5½-mile-course, and had the field well strung out behind him when he won in a time of 30 minutes 41 seconds. This was Mackenzie's fifth win since 1970, his successive sequence of wins having only been interrupted when he finished second to Sandy Keith, Caithness A.A.C., at **Forres** last year. Steven Cassells, Caithness A.A.C., won the junior (under-21) event in a time of 34 mins. 4 secs.

The prizes were presented by Wing Commander G. Bach, who was deputising for R.A.F. Kinloss Station Commander, Group Captain G. Chesworth, and a special presentation was made on behalf of the athletes by Mr Duncan Davidson, N.S.A.A.A. league organiser, to Mrs Rona Mackenzie, Lossiemouth, for her invaluable assistance throughout the league programme. The full results are as follows:—

Senior — 1 I. Mackenzie, **Forres Harriers**, 30 minutes 41 seconds; 2 B. Finlayson, Lochaber A.C.; 3 G. Fleming, R.A.F. Kinloss. **Team** — 1 R.A.F. Kinloss, 23 points; 2 **Forres Harriers**, 32 points; 3 Lochaber A.C., 40 points.

Junior — 1 S. Cassells, Caithness A.A.C., 34 minutes 4 seconds; 2 P. Martin, Gordonstoun; 3 D. Allan, Victoria Park A.A.C. **Team** — 1 Gordonstoun, 18 points; 2 Caithness A.A.C., 30 points.

League winners — 1 R.A.F. Kinloss (1876 points); 2 R.A.F. Lossiemouth (1767 points); 3 **Forres Harriers** (1705 points). **Individual winners** — 1 I. Mackenzie, **Forres Harriers** (499 points); 2 D. Maclean, **Forres Harriers** (487 points); 3 G. Fleming, R.A.F. Kinloss (467 points).

CROSS COUNTRY

Junior Titles at Drumnadrochit

Saturday's mild and sunny weather made conditions ideal for the North of Scotland Amateur Athletic Association's Junior Cross Country Championships at Drumnadrochit, where 314 youngsters competed in six separate races for individual and team prizes. Originally only five championships — three boys and two girls — were to be decided, but as there were sufficient girls in the 15-17 years age group keen to participate, that event was added to the programme.

All races were keenly contested and the enthusiasm of the young athletes was particularly in evidence as they strove to catch the person in front — even down to the last places — in order to help their team position. It is little wonder, therefore, that the Inverness branch of the British Red Cross Society had a fairly busy afternoon dealing, fortunately, with only minor complaints, the principal one being sheer exhaustion!

The new association secretary, Mr Alan Maclean, Port William, in thanking all who had helped the championships to a successful conclusion, paid special tribute to the enormous amount of preparatory work done by Mr Robert MacDonald, who teaches at Millburn School, Inverness, and Miss R. Macleod, teacher of physical education at Glen Urquhart School.

At the prize-giving ceremony at the new Glen Urquhart Public Hall, where also soup and tea were made available to competitors and officials, Mr James A. MacIntyre, vice-president of the N.S.A.A.A., called upon Mr R. MacDonald, chairman of the Glen Urquhart Highland Games Committee, to present individual plaques to the first three runners in each event, and a trophy and four certificates to the winning team in each section. The full results were as follows:—

BOYS

Juniors — 11-13 (1½ miles, 116 runners) — 1 R. Adamson, **Caithness A.A.C.** (8 mins 20.3 secs.); 2 K. Macleod, Millburn School; 3 J. Macaskill, Portrose Academy. Team — 1 Portrose Academy (J. Macaskill 3rd, A. Macaskill 6th, A. Maxwell 10th, N. Agnew 14th) — 33 pts.; 2 **Caithness A.A.C.** (35 pts.); 3 Millburn (36 pts.).

13-15 (2 miles, 67 runners) — 1 J. Flannigan, Lochaber High School (11 mins. 27.5 secs.); 2 G. Maclean, Lochaber H.S.; 3 R. England, Gordonstoun. Team — 1 **Caithness A.A.C.** (A. Dykes 4th, W. Bain 6th, D. Robertson 8th, R. Taylor 9th) — 27 pts.; 2 Gordonstoun (59 pts.); 3 Lochaber High School (66 pts.).

Youths — 15-17 (3 miles, 32 runners) — 1 G. Balfour, Portrose Academy (16 mins. 38 secs.); 2 P. Martin, Gordonstoun; 3 R. MacDonald, Ross-shire A.C. Team — 1 Gordonstoun (P. Martin 2nd, M. Horsman 6th, J. Inman 8th, G. Henderson 10th) — 26 pts.; 2 Portrose Academy (44 pts.); 3 Inverness High School (64 pts.).

GIRLS

Junior — 11-13 (1½ miles, 58 runners) — 1 A. Taylor, Caithness A.A.C. (9 mins. 3.3 secs.); 2 G. Hutchin, Millburn; 3 T. Wotherspoon, Millburn. Team — 1 Millburn (G. Hutchin 2nd, T. Wotherspoon 3rd, M. Macpherson 5th, M. Michie 8th) — 18 pts.; 2 Caithness A.A.C. (27 pts.); 3 Portrose Academy (75 pts.).

13-15 (2 miles, 30 runners) — 1 M. Ramsay, Inverness Royal Academy (14 mins. 9.1 secs.); 2 J. Arthur, I.R.A.; 3 S. Balfour, Portrose Academy. Team — 1 Inverness Royal Academy (M. Ramsay 1st, J. Arthur 2nd, C. Flynn 7th, M. Macleannan 10th) — 28 pts.; 2 Portrose Academy (30 pts.); 3 Millburn (61 pts.).

15-17 (2 miles, 11 runners) — 1 H. Gill, Portrose Academy (15 mins. 17 secs.); 2 P. Ross, Portrose Academy; 3 C. Ross, Milne's High School. Team — 1 Portrose Academy (H. Gill 1st, P. Ross 2nd, A. Wilson 4th, L. Agnew 5th) — 12 pts.; 2 Milne's High School, Pochabers (36 pts.).